



ART OF THE EIGHT LIMBS



Unleashing the
Power of **MUAY THAI**
RAM MUAY

The King of Martial Art

Editor's Note

Welcome to “Ram Muay”, your premier source for Muaythai news, features, and insights. In this issue, we embark on a fascinating journey to explore the rich history of Muaythai, its evolution into a modern sport, and its growing popularity in India.

As we delve into the world of Muaythai, we discover a profound connection between this ancient martial art and the revered Lord Hanuman ji. The influence of Lord Hanuman ji's character, devotion, physical moves, and fighting styles on Muaythai is undeniable. The spiritual connection and unconditional devotion that Lord Hanuman ji embodies for his master, Lord Ram ji, resonate deeply with the principles of Muaythai.

In this special feature, we examine the intriguing parallels between Muaythai and the legend of Lord Hanuman ji. We explore how the values of loyalty, discipline, and selflessness that define Lord Hanuman ji's character are reflected in the philosophy and practice of Muaythai.

Through this exploration, we aim to provide a unique perspective on the cultural and spiritual significance of Muaythai, while also showcasing its evolution into a modern sport.

Whether you're a Muaythai enthusiast, a martial arts practitioner, or simply interested in exploring the rich cultural heritage of India, this issue is sure to captivate and inspire.

So, join us on this captivating journey as we uncover the ancient connection between Muaythai and Lord Hanuman ji, and discover the timeless wisdom that underlies this revered martial art.

Sincerely....

Editor-in-chief

Dheeraj Babbar

Shri Ram Choudhary

संपादकीय

“राम मुआय” में आपका स्वागत है, जो मुअयथाई समाचार, सुविधाओं और अंतर्दृष्टि के लिए आपका प्रमुख स्रोत है। इस अंक में, हम मुअयथाई के समृद्ध इतिहास, इसके आधुनिक खेल में विकास और भारत में इसकी बढ़ती लोकप्रियता का अन्वेषण करने के लिए एक रोमांचक यात्रा पर निकलते हैं।

जैसे ही हम मुअयथाई की दुनिया में गहराई से जाते हैं, हमें इस प्राचीन मार्शल आर्ट और पूज्य भगवान हनुमान जी के बीच एक गहरा संबंध मिलता है। भगवान हनुमान जी के चरित्र, भक्ति, शारीरिक मुद्राओं और लड़ने की शैली का मुअयथाई पर प्रभाव निर्विवाद है।

भगवान हनुमान जी द्वारा अपने स्वामी भगवान राम जी के लिए प्रदर्शित भक्ति और अनिश्चित समर्पण मुअयथाई के सिद्धांतों के साथ गहराई से जुड़ते हैं। इस विशेष संस्करण में, हम मुअयथाई और भगवान हनुमान जी के किंवदंती/दिव्य चरित्र के बीच आकर्षक समानताओं का अन्वेषण करते हैं।

हम यह देखते हैं कि भगवान हनुमान जी के चरित्र द्वारा परिभाषित वफादारी, अनुशासन और निस्वार्थता के मूल्य मुअयथाई के दर्शन और अभ्यास में परिलक्षित होते हैं। इस अन्वेषण के माध्यम से, हम मुअयथाई के सांस्कृतिक और आध्यात्मिक महत्व पर एक अद्वितीय दृष्टिकोण प्रदान करने के साथ-साथ इसके आधुनिक खेल में विकास को भी प्रदर्शित करना चाहते हैं।

चाहे आप मुअयथाई मार्शल आर्ट्स के उत्साही अभ्यासी हों या बस भारत की समृद्ध सांस्कृतिक विरासत का अन्वेषण करने में रुचि रखते हों, यह अंक निश्चित रूप से आपको आकर्षित और प्रेरित करेगा।

तो, इस मनोरम यात्रा में हमारे साथ शामिल हों क्योंकि हम मुअयथाई और भगवान हनुमान जी के बीच प्राचीन संबंध को उजागर करते हैं, और उस कालातीत ज्ञान की खोज करते हैं जो इस प्रतिष्ठित मार्शल आर्ट को रेखांकित करता है।

सादर...

मुख्य संपादक

धीरज बब्बर

श्री राम चौधरी

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Introduction

Every year on **March 17th**, Thailand celebrates the **Nai Khanom Tom day**. You may hear different names for this celebration such as “**National Muay Boran day**”, “**National Muay Thai day**” or “**Boxer's Day**”.

As we all know, Muay Thai is the National sport of Thailand but this celebration is not just about Muay Thai. It's a commemorative day to honor and homage the great **Nai Khanom Tom** and all the ancient teachers who developed Muay Boran into the contemporary Muay Thai, the art of the 8 limbs.

Muaythai, the ancient martial art of Thailand, has been gaining popularity in India over the past few decades. With its rich history, cultural significance,

and physical benefits, Muaythai has become a favorite among Indian martial arts enthusiasts. In this article, we will delve into the world of Muaythai in India, exploring its history, growth, and future prospects.

Muaythai, the ancient martial art of Thailand, (National Game of Thailand) has been a cornerstone of Thai culture for centuries. With its rich history, captivating stories, and legendary warriors, Muaythai has become a beloved sport around the world. In this article, we will delve into the origins of Muaythai, explore its fascinating stories, and discuss its connection to India.



The Wai Khru Ram Muay: Unveiling the Sacred Ritual of Muaythai

Beyond the realm of mere performance or dance, the Wai Khru Ram Muay is a deeply revered ritual that embodies the spiritual essence of Muay Thai. This ancient tradition is a poignant expression of respect, gratitude, and devotion, weaving together the intricate threads of Thai culture, martial arts, and spirituality.

Performed before each fight, the Wai Khru Ram Muay is accompanied by the haunting melodies of traditional sarama or Muay Thai music. This enchanting ritual is a testament to the profound connection between the fighter's body, mind, and

spirit. As a warm-up exercise, it demands strength, elegance, self-control, and body coordination, harmoniously blending physicality and spirituality.

The Wai Khru Ram Muay is comprised of two distinct components: the "Wai Kru" and the "Ram Muay." "Wai Kru" literally translates to "paying respect to the teacher," with "Wai" being the traditional Thai greeting of hands clasped together in prayer, and "Kru" signifying teacher or guru. "Ram Muay," on the other hand, means "boxing dance," with "Ram" denoting dance and "Muay" referring to boxing.

This sacred ritual serves as a poignant expression of respect and gratitude, acknowledging the fighter's boxing coach, gym, training partners, loved ones, and the divine. The fighter ceremoniously circles the ring three times, followed by three kneeling bows, paying homage to the Thai royalty and the sacred principles of Buddhism.

Each Ram Muay is a unique and personal expression, reflecting the individual fighter's style and the traditions of their training gym. This distinctiveness allows enthusiasts to identify the fighter's gym and background. Despite these variations, many Ram Muays share a common thread, beginning with a shared sequence of movements.

The Wai Khru Ram Muay is further adorned with symbolic elements, including the Mongkol

(headband) and Prajioud (armband). These sacred accoutrements hold profound meaning, steeped in history and spiritual significance. The Mongkol, adorned with intricate threads and blessings, is believed to possess protective powers, while the Prajioud serves as a symbol of the fighter's commitment to their craft.

Witnessing the Wai Khru Ram Muay in its entirety is a breathtaking experience, a testament to the beauty, elegance, and mystique of Muay Thai. As the fighter's movements unfold, the boundaries between physicality and spirituality dissolve, revealing a profound connection to the ancient traditions and sacred principles that underlie this revered martial art.



Modern History of Muaythai

Muaythai originated in Thailand over 2,000 years ago as a form of hand-to-hand combat. It was known as "Muay" and was practiced by Thai warriors as a means of self-defense. Over time, Muaythai evolved into a sport, with the first formal rules being established in the 19th century.

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The story

The Legend of Nai Khanom Tom: A Symbol of Thai Resilience

In the sweltering heat of 1774, the Ayutthaya Kingdom, the ancient capital of Siam, lay besieged by the Burmese army. The once-mighty kingdom, renowned for its majestic temples and vibrant culture, had fallen prey to the invading forces. Thousands of Siamese prisoners, including the legendary Nai Khanom Tom, were held captive by the Burmese King Mangra.

As fate would have it, a festival was underway in the Burmese kingdom, and the monarch, eager to showcase the prowess of his Burmese boxers, sought to pit them against the Siamese prisoners. The stage was set for an epic confrontation, one that would etch the name of Nai Khanom Tom into the annals of history.





Nai Khanom Tom, a skilled practitioner of Muay Boran, the ancient Siamese martial art, was chosen to face off against the Burmese boxing champion. As the two fighters faced each other in the center of the makeshift arena, Nai Khanom Tom began to perform the ritualistic Wai Kru, a traditional dance-like ceremony that paid homage to his teachers, ancestors, and the sacred art of Muay Boran.

The Burmese, unfamiliar with the intricacies of the Wai Kru, were taken aback by the ritual. They whispered among themselves, suspecting that Nai Khanom Tom was invoking some sort of dark magic to gain an advantage over his opponent.

As the fight commenced, Nai Khanom Tom's prowess became evident. With lightning-fast kicks, razor-sharp elbows, and crushing knee strikes, he overwhelmed the Burmese champion, sending him crashing to the ground with a resounding knockout.

However, the Burmese referee, still reeling from the unfamiliarity of the Wai Kru, disputed the victory, claiming that the music and ritual had distracted him, and that Nai Khanom Tom's win might have been aided by sorcery.

Undeterred, King Mangra, eager to prove the superiority of his Burmese boxers, sent nine more fighters to face Nai Khanom Tom, one after another, without granting him a moment's respite. The Siamese warrior, fueled by his determination to honor his kingdom and his art, took on each opponent with unyielding ferocity.

One by one, the Burmese fighters fell to the ground, defeated by Nai Khanom Tom's masterful display of Muay Boran. The crowd, initially hostile towards the Siamese prisoner, began to marvel at his skill, endurance, and unwavering spirit.

As the dust settled, Nai Khanom Tom stood victorious, his arms raised in triumph. The Burmese king, impressed by the Siamese warrior's unparalleled prowess, not only freed Nai Khanom Tom but also granted him a place of honor in his court.

Impressed by these abilities, King Mangra said: “Every part of the Siamese is blessed with venom. Even with his bare hands, he can fell nine or ten opponents. But his Lord was incompetent and lost the country to the enemy. If he had been any good, there was no way the City of Ayutthaya would ever have fallen“. Then he granted freedom to Nai Khanom Tom and all Siamese (Thais).

And so, the legend of Nai Khanom Tom was born, a testament to the unyielding spirit of the Siamese people and the timeless power of Muay Boran. To this day, Nai Khanom Tom remains an iconic figure in Thai martial arts, inspiring generations of practitioners and solidifying his place in the annals of history.



Ancient History of Muaythai



The Legendary Connection: The Ancient Connection

In Hindu mythology, Lord Hanuman is revered for his extraordinary strength, agility, and martial prowess. Lord Hanuman is often depicted as a powerful and agile warrior, possessing extraordinary strength and martial prowess.

As a devoted servant of Lord Rama, Hanuman's heroism and bravery are legendary. His incredible feats, such as lifting and carrying an entire mountain, are a testament to his remarkable physical abilities.

Similarly, Muaythai, an ancient martial art originating from Thailand, is renowned for its intense physicality, powerful strikes, and majestic movements. Practitioners of Muaythai, known as Nak Muay, are revered for their strength, endurance, and agility.

The Artistic Connection

Lord Hanuman's association with the monkey god, his incredible agility, and his mastery of the Vajra (thunderbolt) can be seen as parallels to the dynamic movements and powerful strikes found in Muaythai.

The Spiritual Connection: The Symbolic Connection

In Hindu mythology, Lord Hanuman is often depicted as a symbol of devotion, loyalty, and self-discipline. These qualities are also essential for practitioners of Muaythai, who must cultivate mental toughness, focus, and self-control to master the art.

The Wai Kru Ram Muay, a traditional dance performed before a Muaythai fight, is a testament to the symbolic connection between Muaythai and Lord Hanuman. This ritual dance pays homage to the



teacher, the art, and the ancestors, demonstrating the deep respect and reverence that underlies the practice of Muaythai.

The Ramayana Connection

The Ramayana, an ancient Indian epic, tells the story of Lord Rama's journey to Lanka to rescue his wife, Sita, from the demon king Ravana. Lord



Hanuman plays a pivotal role in this epic, using his incredible strength and agility to navigate the treacherous landscapes and battle formidable foes.

Interestingly, the Ramayana has had a profound impact on the cultural heritage of Southeast



Asia, including Thailand. The epic has been retold and reinterpreted in various forms of Thai art, literature, and performance, including the traditional Thai dance-drama, Khon.

The Martial Connection

In the Ramayana, Lord Hanuman is often depicted as a skilled warrior, using his martial prowess to defeat his enemies. Similarly, Muaythai is a martial art that originated in Thailand as a form of hand-to-hand combat, used by Thai warriors to defend their kingdom against invaders.



The techniques and movements used in Muaythai, such as the powerful kicks, punches, and elbow strikes, bear a striking resemblance to the martial techniques described in the ancient Indian texts. The art form is characterized by its fluid movements, reminiscent of a monkey's agility and quick reflexes.



Phra Ram's techniques.

I. A set of powerful maneuvers are inspired by the combat situations Phra Ram faces during the war with the Army of Evil. Let's analyse some of those Mai Muay.

a. **Phra Ram Yaeb Longka.** Lord Rama breaks into Lanka. This technique is a strong maneuver that stops the opponent in his tracks, kicking the side of the neck with the shinbone. A real knock out move.

b. **Phra Ram Ti Tab.** Lord Rama attacks the (enemy) army. In a typical military maneuver, the Nak Muay attacks from the flanks with two different weapons: a punch and a swing kick. The punch is commonly aimed at the opponent's head while the kick targets the body. If the technique is performed flawlessly, it is very difficult to block or evade both attacks.

c. **Phra Ram Sakod Tab.** Lord Rama surprises the (enemy) army. This fast attack is executed by suddenly jumping and throwing a straight kick aimed at the opponent chin. It is very difficult to avoid this vicious leg attack.

II. Another group of techniques is inspired by the time Lord Rama spent in the forest during his exile from Ayutthaya. Here are some of those maneuvers.

d. **Phra Ram Tang Pa.** Lord Rama cuts open the forest. A very strong elbow counter attack, usually executed against a punch or a series of punches. The target is the face or side of the head of the opponent. The elbow strike travels along a diagonal downwards path and packs a lot of power.

e. **Phra Ram Den Dong.** Lord Rama enters the forest. This spectacular Muay Boran technique employs a knee strike to attack the opponent's face with devastating results. When the opponent bends his knees for whatever reason, the Nak Muay exploits the situation to step on his thigh and deliver a powerful knee strike to the opponent's face or side of the head.

III. A third group of techniques refers to Phra Ram's skill in using the noble weapon par excellence: the bow. Let's see some of those ancient techniques.

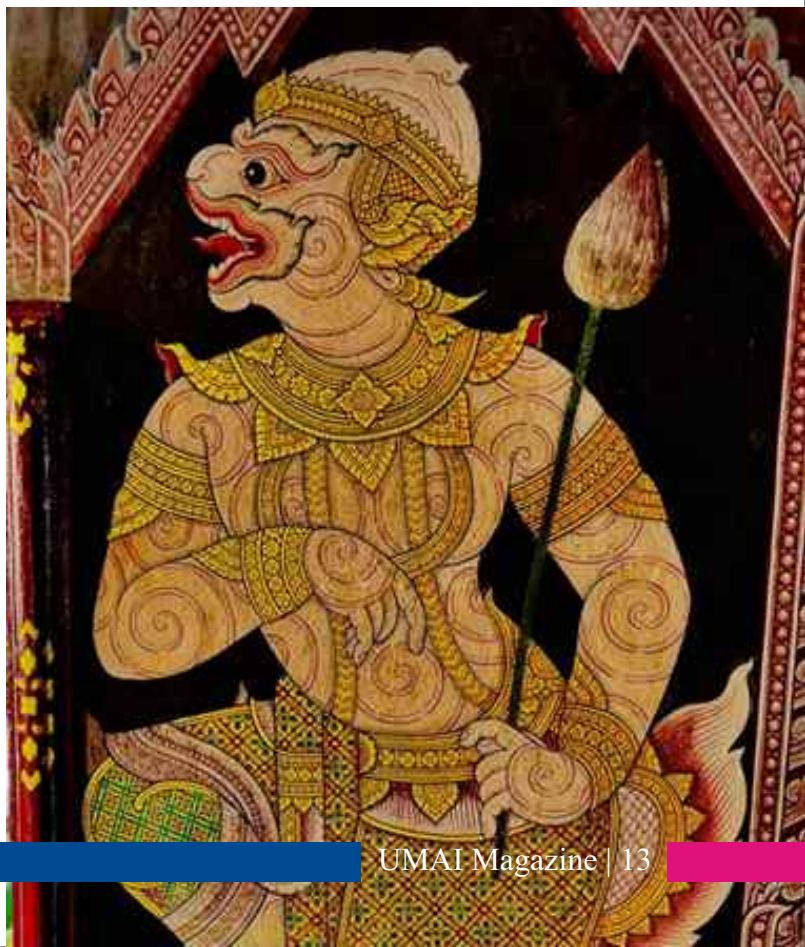
f. **Phra Ram Now Sorn.** Lord Rama draws the bow. In this technique the Nak Muay employs a

forearm parry to deflect the attack coming from above, open the opponent's guard and counterattack with a vicious uppercut to the throat. The opponent's attack can be an elbow or forearm strike or a downward hammer punch.

g. **Phra Ram Hak Sorn.** Lord Rama breaks the bow. This technique is an application of the ancient strategy of catching and breaking (Chap Hak in Muay jargon). Against a horizontal elbow attack the Nak Muay blocks the strike, seizes the attacking arm and twists it. The shoulder joint is put under great stress and as a result the opponent's arm can be seriously damaged.

In the heart of Bangkok, within the majestic walls of the Grand Palace, stands a breathtaking painting of Hanuman Ji, the revered monkey god of Hindu mythology. This stunning artwork is a testament to the profound influence of Hinduism and the Ramayana on Thai culture.

In Thai culture, Hanuman Ji is often depicted as a symbol of strength, loyalty, and courage. His legendary exploits, as recounted in the Ramayana, have inspired countless Thai artists, writers, and performers.



Muaythai in India - Early Beginnings

Muaythai has a fascinating connection to India, dating back to the ancient Silk Road trade routes. Indian martial arts have influenced the development of Muaythai, while Muaythai has also had an impact on Indian martial arts.

Muaythai was first introduced to India in the 1970s and 1980s, primarily through Thai cultural exchange programs. However, it wasn't until the 1990s that Muaythai started gaining popularity in India, particularly in cities like Mumbai and Delhi, Bangalore, north east and Rajasthan.

Muaythai has a treasure trove of captivating stories, from legendary warriors to epic battles. One of the most famous stories is that of Nai Khanom Tom, a Thai warrior who defeated nine Burmese fighters in a row, earning him the nickname "The Father of Muaythai."

Growth of Muaythai in India

Indian Muaythai has come a long way since its inception, with a slew of notable affiliations and recognitions that have catapulted the sport to unprecedented heights. This article delves into the key milestones that have shaped the sport's trajectory in India.

2007: Indian Olympic Recognition

A watershed moment in Indian Muaythai's history was its recognition by the Indian Olympic Association (IOA) in 2007. This acknowledgement not only lent credibility to the sport but also paved the way for its inclusion in national and international competitions.

State-Level Affiliations

Indian Muaythai's growth has been further bolstered by its affiliations with state Olympic associations. Currently, 12 states have recognised their Muaythai associations with their respective state Olympic bodies, ensuring a unified and structured approach to the sport's development.

Government Recognition

In a significant endorsement of Indian Muaythai's progress, 7 state associations have been recognized by the State Government. This recognition is a testament to the sport's growing popularity and its potential to contribute to the country's sporting landscape.

UMAI: The Governing Body

At the helm of Indian Muaythai's affairs is the United Muaythai Association of India (UMAI), the sport's solo governing body in the country. UMAI has been instrumental in promoting Muaythai, with 28 states and 3 union territories affiliated to it. This widespread reach has enabled UMAI to create a cohesive and organized framework for the sport's growth.

International Affiliations

UMAI's influence extends beyond India's borders, with affiliations to prominent international bodies. The organization is a member of the Federation of Asian Muaythai Associations (FAMA), the Asian governing body for Muaythai. Furthermore, UMAI is also affiliated to the International Federation of Muaythai Associations (IFMA), the world governing body for the sport. These affiliations have facilitated the exchange of ideas, expertise, and best practices, enabling Indian Muaythai to stay abreast of global developments. IFMA/FAMA recognised by IOC and OCA.

In conclusion, Indian Muaythai's journey has been marked by significant affiliations and recognitions that have contributed to its growth and development. As the sport continues to evolve, these milestones will serve as a foundation for its future success.

A Milestone-Laden Journey: Indian Muaythai's Rise to Prominence

Indian Muaythai's Golden Run: A New Chapter in the Sport's History

Indian Muaythai has been on a phenomenal winning streak, bagging an impressive haul of international and national awards. This unprecedented success has etched a new chapter in the sport's history, cementing India's position as a formidable force in the global Muaythai arena.

2021: Bangkok International Championships: A medal filled year to start

The year 2021 marked the beginning of India's golden run in Muaythai. At the Bangkok International Championships, the Indian contingent returned home with an impressive tally of 7 medals. This achievement served as a precursor to the team's future successes.

2022 Malaysia World Championships: A Record-Breaking Haul

The Indian team continued its winning streak at the 2022 Malaysia World Championships, where they bagged an astonishing 8 medals. This record-breaking haul not only surpassed India's previous achievements but also underscored the team's growing prowess in the sport.

2023 Turkey World Championships: A Golden Performance

At the 2023 Turkey World Championships, India's Muaythai athletes delivered a stellar performance, clinching 2 gold, 1 silver, and 1 bronze medal. This achievement marked a significant milestone in India's Muaythai journey, demonstrating the team's ability to excel on the global stage.

2024 Bangkok World Championships: A Medal-Rich Harvest

The Indian team's winning streak continued unabated at the 2024 Bangkok World

Championships, where they harvested a rich haul of 1 gold, 4 silver, and 3 bronze medals. This achievement not only reinforced India's reputation as a Muaythai powerhouse but also paved the way for future successes.

2024 Asian Championships: A Triumphant Performance

At the 2024 Asian Championships, India's Muaythai athletes delivered a triumphant performance, securing 1 gold, 2 silver, and 3 bronze medals. This achievement marked a fitting culmination to India's golden run in Muaythai, underscoring the team's dominance in the sport.

As India's Muaythai athletes continue to make waves on the global stage, their achievements serve as a testament to the country's growing prowess in the sport. With a glittering array of international and national awards, Indian Muaythai has truly come of age, heralding a bright future for the sport in the country.

Historic UMAI Elections Mark a New Era for Indian Muaythai

In a significant milestone for Indian Muaythai, the United Muaythai Association of India (UMAI) successfully conducted its General Assembly and Elections for the 2025-2029 term. The event, held at the prestigious Constitution Club of India in New Delhi, witnessed the participation of all 27 states And 3 UT from across India, demonstrating the country's collective commitment to the sport.

The UMAI elections were observed by Mr. Mervyn Tan, Secretary-General of the Federation of Asian Muaythai Associations (FAMA), who represented FAMA and the International Federation of Muaythai Associations (IFMA) as an independent international observer.

The elections marked a significant step towards achieving the vision of "One India, One Muaythai." For the first time in the history of Indian Muaythai, the event saw the participation of all State Associations of UMAI, as well as active involvement from the World Muaythai Council (WMC) and the Muaythai IndiaTeam (MTI) from India.

The elections also led to the expansion of the UMAI Executive Committee, which now includes

talented individuals from across India. This development is expected to strengthen the national structure and promote the growth of Muaythai in the country.

After a gap of four years, UMAI successfully constituted the National Working Committee, comprising representatives from UMAI, WMC. The inclusion of WMC and MTI has fortified the foundation of Indian Muaythai, ensuring that the best interests of Muaythai practitioners are served.

With the conclusion of the UMAI elections, Indian Muaythai has become a more unified and robust entity. As part of the IFMA and FAMA family, India Muaythai looks forward to continued collaboration and growth, paving the way for a brighter future for the sport in the country.

As the Indian Muaythai community embarks on this new journey, it is clear that the sport is poised for unprecedented growth and success. With a strong and unified national structure in place, India is ready to take its rightful place on the global Muaythai stage.

The Multifaceted Benefits of Muaythai: A Holistic Martial Art

Physical Benefits: A Comprehensive Workout

Muaythai is an excellent way to improve cardiovascular fitness, build strength and endurance, and enhance flexibility and coordination. The rigorous training involved in Muaythai helps burn calories, increase muscle mass, and boost overall physical fitness. The art form's emphasis on kicking, punching, and clinching techniques also improves balance, agility, and reflexes.

Mental and Emotional Benefits: Cultivating Resilience and Focus

Beyond its physical benefits, Muaythai also offers a range of mental and emotional advantages. The discipline and focus required to master Muaythai techniques help develop mental toughness, resilience, and confidence. The art form's emphasis on respect, humility, and self-control also fosters emotional intelligence, empathy, and self-awareness.

A Growing Presence in India

India's Muaythai community has been thriving since the establishment of the first Muaythai

federation in 2006. Today, the country boasts numerous gyms, training centers, and competitions, catering to a diverse range of enthusiasts, from beginners to seasoned athletes. The growth of Muaythai in India has been fueled by its increasing recognition as a competitive sport, as well as its adoption as a fitness and wellness activity.

Embracing the Benefits of Muaythai

As Muaythai continues to gain popularity in India, it's essential to recognize the numerous benefits it offers. Whether you're seeking to improve your physical fitness, mental resilience, or emotional well-being, Muaythai provides a comprehensive and holistic approach to achieving your goals. With its rich cultural heritage, rigorous training methods, and inclusive community, Muaythai is an excellent choice for anyone looking to embark on a transformative martial arts journey.



UNITED MUAYTHAI ASSOCIATION INDIA

Affiliated by International Federation Muaythai Associations
Recognised by International Olympic Committee
Federation Asian Muaythai Association
Recognised by Olympic Council of Asia
www.muaythaiindia.co.in | www.muaythai.sport





Newly Appointed UMAI Executive Committee (2025-2029)

NATIONAL GENERAL BODY UMAI 2025 -2029

Vice Chairman	Shashi Pratap Sing (HR)
President	Manoj Verma (UP)
Sr. Vice President	Anupam Mahata (JH)
Vice President	Supriyo Biswas (WB)
Secretary General	Shri Ram Choudhary (RAJ)
Treasurer	Sombir Vashisth(HR)
CEO	Prasenjit Singha (TRI)
Technical and Rules Commission	Aayekpam Rakesh Meetei (ASS)
Joint Secretary	Mr. Angelus Sun (MEG)
Joint Secretary	Anis Memon (CG)
Joint Secretary	Dheeraj Babbar (RAJ)
Executive Member	R B Rai (SIK)
Executive Member	Mohan Sawale (MP)
Executive Member	Balkrishna Shetty (MH)
Executive Member	Amit Singh (J&K)
UMAI Advisory Council Chairman	Shri KC Meena - IFS - Govt. of India
	Lakhan Kumar Sahu (CG)
Referee and Judge Commission	Mr. Angelus Sun (MEG)
Atheltes Commission	Aman Yadav (CG)
Legal Commission	Nikita Mirchandani - Advocate
Sports and Activity Commission	Binu Joseph (KL)
	Ashutosh Dadhich (MP)
	Naveed (TL)
Female Commission - Gender Equality	Monica (MEG)
	Vidhi Sharma (RAJ)



Mr. Manoj Verma

Senior Journalist President UMAI

Manoj Verma is a distinguished journalist who has contributed significantly to the media for almost 35 years. Senior journalist Manoj Verma is a former cricket player and his education from Sports College Lucknow Uttar Pradesh which is known for excellence in the field of sports. In the 80s, the Sports Authority of India, Ministry of Sports, honored Mr. Verma provides a scholarship for his talent. His expertise and experience have made him a well-known name in the field of journalism.



Dr. Shri Ram Choudhary

Secretary General - UMAI

A Martial Arts Visionary

As the Secretary General of UMAI, Dr. Shri Ram Choudhary (International Player) brings a wealth of experience and expertise to the table. A renowned martial artist, he holds an impressive array of credentials:

- Muaythai Mongkhon Assistant Grand Master
- Karate 3rd Dan
- Taekwondo 4th Dan
- Samurai Black Belt
- Kung Fu Master Degree

With a lifelong passion for martial arts, Mr. Choudhary has been practicing Mixed Martial Arts (MMA) since childhood. For the past two decades, he has dedicated himself to teaching and coaching, nurturing countless students at his esteemed **Shri Ram Martial Arts School**.

Under his guidance, many of his disciples have gone on to achieve remarkable success, including international, national, and state-level recognition.

Empowering Underprivileged Girls through Vimukti

Mr. Choudhary's commitment to social responsibility is exemplified through his organization, Vimukti. This initiative provides martial arts training, educational support, and financial aid to underprivileged girls from slum communities.

For Mr. Choudhary, celebrating festivals with these girls is a heartwarming experience, akin to being part of a extended family.

Through his tireless efforts, Mr. Choudhary continues to inspire and empower individuals from all walks of life, fostering a culture of discipline, respect, and self-discovery.



Muaythai in India: A Thriving Sporting Landscape

India has emerged as a hub for Muaythai competitions, hosting a range of national and international events that have captivated audiences and athletes alike. At the forefront of this growth is the Indian Muaythai , the governing body for Muaythai in India, which has played a pivotal role in promoting the sport.

National Championship Events: A Benchmark for Success

The national championship events hosted by the United Muaythai Association of India (UMAI) have become a benchmark for success, witnessing a tremendous response and ever-increasing participation from athletes across the country.

A Growing Participation Trend

- 2021 National Championships, Imphal, Manipur: 500 participants

- 2022 National Championships, Indore, Madhya Pradesh: 800 participants
- 2023 National Championships, Chennai, Tamil Nadu: 840 participants
- 2024 National Championships, Guwahati, Assam: 950 participants

The upward trend in participation is a testament to the growing popularity of Muaythai in India, as well as the success of UMAI's efforts to promote the sport.

A Bright Future for Muaythai in India

As Muaythai continues to gain momentum in India, the future looks bright for this ancient martial art. UMAI at the helm, India is poised to become a major player in the global Muaythai arena.



Upcoming Events: India Sets its Sights on Global Glory

With the newly elected leadership team in place, India now shifts its focus towards upcoming major IFMA events. The country's top athletes will compete in:

- IFMA Senior World Championships in Turkey: India's senior team will vie for top honors against the world's best Muaythai athletes.

- IFMA Youth World Championships in UAE: India's young and talented athletes will take center stage, showcasing their skills and determination in the youth championships.

As one of IFMA's largest member countries, India's continued progress reflects IFMA's overarching mission of inclusivity, development, and excellence. With its sights set on global glory, India is ready to make its mark on the world Muaythai stage.



Challenges Facing Muaythai in India: Overcoming Obstacles to Achieve Greatness

Despite its growing popularity, Muaythai in India faces several challenges that threaten to hinder its progress. As the sport continues to gain momentum, it's essential to address these obstacles and work towards creating a more conducive environment for Muaythai to thrive.

Lack of Infrastructure: A Major Hurdle

One of the most significant challenges facing Muaythai in India is the lack of dedicated infrastructure. The absence of proper training facilities, equipment, and amenities hinders the growth of the sport, making it difficult for athletes to train and compete at the highest level.

Inadequate Funding: A Constant Struggle

Inadequate funding is another significant challenge facing Muaythai in India. The sport relies heavily on private funding and sponsorships, which can be unpredictable and insufficient. This lack of financial support limits the sport's ability to develop and promote itself effectively.

Limited Recognition: A Need for Greater Exposure

Despite its growing popularity, Muaythai in India still lacks the recognition it deserves. The sport is often confused with other martial arts, which can make it difficult to promote and gain widespread acceptance.

Ministry Approval and Affiliations: Awaiting Recognition

Muaythai in India is awaiting recognition and approval from various government ministries and organizations. These include:

- Ministry of Sports approval
- Indian Olympic Association affiliation
- School Games Federation of India affiliation
- University Games recognition
- Police and Military Games recognition

Once these approvals and affiliations are secured, Muaythai in India will gain greater legitimacy and recognition, paving the way for increased funding, infrastructure development, and growth.

A Bright Future for Muaythai in India: Overcoming Challenges and Achieving Success

Despite the challenges facing Muaythai in India, the future looks promising for this ancient martial art. With increased recognition and support from the government and private organizations, Muaythai is poised to become a major player in Indian sports.

Recognition from the Olympic Council of Asia and International Olympic Commission

In a significant milestone, Muaythai has achieved recognition from the Olympic Council of Asia (OCA) and the International Olympic Commission (IOC). This recognition is a testament to the sport's growing popularity and its potential to become an Olympic sport in the future.

- World Game

- World University Games
- World Military Games
- European Games
- African Games
- American Games
- South East Asian Games
- Asian Indoor and Martial Art Games

Inclusive and Accessible: Para and Special Participants in World Championships

Muaythai has also taken a significant step towards inclusivity and accessibility by including Para and special participants in world championships. This move demonstrates the sport's commitment to providing opportunities for athletes of all abilities and backgrounds.

As Muaythai continues to grow and develop in India, it's essential to address the challenges facing

the sport and work towards creating a more supportive environment. With increased recognition, support, and inclusivity, Muaythai is expected to thrive in India and become a source of pride for the nation.

A New Era for Muaythai in India

The future looks bright for Muaythai in India. With its rich cultural heritage, rigorous training methods, and inclusive approach, Muaythai is poised to become a major player in Indian sports. As the sport continues to grow and develop, it's essential to recognize its potential and provide the necessary support to help it thrive.

Today, **Muay Thai is experiencing a meteoric rise in global popularity**, becoming a cornerstone discipline for fighters in major Mixed Martial Arts (MMA) promotions. From the UFC to ONE Championship, fighters worldwide are embracing Muay Thai techniques to gain a strategic edge.



Honor of Meeting Dr. Archana Shaibhare-IPS (Inspector General of Police, Central Reserve Police Force)

Empowered women, strong and fierce

Join the Muay Thai revolution and discover a stronger, more confident you.



taking on the world one kick at a time !!

UNLEASH YOUR INNER WARRIOR: WHY MUAY THAI IS THE ULTIMATE FITNESS CHOICE FOR WOMEN

For too long, Muay Thai has been stereotyped as a brutal, male-dominated sport. But the truth is, this ancient martial art is a game-changer for women looking to shake up their fitness routine and unlock their full potential.

FROM BORING CARDIO TO KICK-ASS WORKOUTS

Ditch the treadmill and elliptical machine for a high-intensity, calorie-torching workout that will leave you feeling empowered and energized. Muay Thai training burns up to 700 calories per hour, boosting your metabolism and melting away unwanted fat.

PHYSICAL BENEFITS

- Increased body strength and tone
- Improved stamina and energy
- Enhanced flexibility and suppleness
- Weight loss and management

MENTAL BENEFITS

- Boosted confidence and self-esteem
- Improved mental alertness and focus
- Enhanced self-defense skills and awareness
- Reduced stress and anxiety

UNLOCK YOUR INNER GIRLBOSS

Muay Thai training is not just about physical transformation—it's about mental toughness and resilience. By pushing yourself beyond your limits, you'll develop a driven, self-motivated mindset that will seep into every area of your life.

DEADLY SELF-DEFENSE MOVES

Learn the art of self-defense with Muay Thai's most effective techniques, including:

- Khao Trong Straight Knee Strike
- Sok Ngat Uppercut Elbow Strike
- Sok Tat Horizontal Elbow Strike

JOIN THE MUAY THAI REVOLUTION

Don't just take our word for it—experience the transformative power of Muay Thai for yourself. Find a local gym or training center and get ready to unleash your inner warrior.

THE GALLERY



Mr. Dharmendra Pradhan, Minister of Education of India with UMAI officials and Mr.Tan, Secretray General, FAMA



Dr. Shiram Choudhary, Secretary General, UMAI with Mansukh L. Mandaviya, Minister of Labour and Employment and Minister of Youth Affairs Govt. of India



Dr. Shiram Choudhary, Secretary General,UMAI with Ms.P T Usha, President Indian Olympic Association



Dr. Shiram Choudhary, Secretary General, UMAI with Shri Kiren Rijiju, Ministry of Parliamentary Affairs, Government of India



Different countries, Military Muaythai get together



Bangkok India team Medalists 2024
Dr. Shiram Choudhary, Secretary General, UMAI with Mr. Gulab Chand Kataria, Governor of Punjab

THE GALLERY



Dr. Shriram Choudhary with Legendry Mike Tyson



Mr. Stephan Fox, General secretary, Charissa Tynan, Director General of the International Federation of Muaythai Amateur



Dr. Shriram Choudhary, Secretary General,UMAI with Mr.Mervyn Tan, Secretary General FAMA with Beloved President Dr. Sakchye Tapsuwan, IFMA



Dr. Shriram Choudhary, Secretary General, UMAI with Ms. Diya Kumari, Deputy Chief Minister of Rajasthan



Sh. Jitan Ram Manjhi- Center Minister Goct. of India with Indian Muaythai Team



Dr. Shriram Choudhary, Secretary General, UMAI with Mr. Prem Chand Bairwa, Deputy Chief Minister of Rajasthan

F. No. 75-8/2022-SP-VI
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

Room No.101, Ramp No.1,
JLN Stadium, New Delhi
Date the 19th July, 2022

✓

Secretary General
United Muaythai Association India (UMAI)
S-2, Krishna Mandir Complex, Bees Dukan,
Adarsh Nagar, Jaipur, Rajasthan- 302004

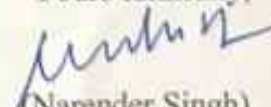
Subject: Reference received from Sh Kailash Choudhary, Hon'ble Minister of State for Agriculture & Farmers Welfare regarding recognition of United Muaythai Association India (UMAI) -reg

Sir,

I am directed to refer to the reference dated 16.06.2022 from Sh Kailash Choudhary, Hon'ble Minister of State for Agriculture & Farmers Welfare regarding recognition of United Muaythai Association India (UMAI).

2. You are requested to submit the information w.r.t the inclusion of Muaythai sports in the Olympic/Asian/Commonwealth games along with the documents highlighting the same so that appropriate reply may be sent to Hon'ble Minister.

Yours faithfully,


(Narender Singh)
Section Officer
Ph.24368242



International
Olympic
Committee
The President

Dr Sakchye Tapsuwan
President
International Federation of Muaythai
Associations (IFMA)
1029 Navamin 14
Navamin RD, Klongjan, Bangkok
Bangkok 10240
Thailand

Tokyo, 20 July 2021

Dear Dr Tapsuwan,

During its meeting today in Tokyo, I am pleased to confirm that the 138th IOC Session granted full recognition to the International Federation of Muaythai Associations (IFMA) pursuant to Rule 25 of the Olympic Charter.

This recognition acknowledges the work carried out by the IFMA to ensure the organisation and sport reflects the values of the Olympic Charter and Olympic Movement.

Please extend our congratulations on this significant achievement to your athletes, your National Federations and the IFMA family.

The Session also confirmed this recognition is based upon your federation continuing its involvement or becoming part of the International Testing Agency as anti-doping and the promotion and protection of clean athletes remain one of the Olympic Movement's main priorities.

Please note that the IOC Sports Director will remain at your disposal for any questions you may have in this respect.

The IOC looks forward to working in partnership with you for the benefits of your sport and your athletes.

Yours sincerely,

Maison Olympique, 1007 Lausanne, Switzerland | Tel. +41 21 621 6111 | Fax +41 21 621 6216 | www.ioc.org



July 17, 2008

Mr. Stephan Fox
Secretary General
International Federation of Muaythai Amateur (IFMA)
Fax No. +66-2661 6265
E-mail: ifmainternational@hotmail.com

Dear Mr. Stephan,

It was a pleasure meeting you in Bangkok on July 13, 2008 and discussing various matters pertaining to the promotion of the sport of *Muay* through different editions of Asian Games such as Asian Indoor Games, Asian Martial Arts Games etc.

I take this opportunity to confirm that Olympic Council of Asia (OCA) has recognized IFMA as the world body for the sport of Muay since 1998.

Please rest assured of OCA's continued cooperation.

Thanking you,
With my best regards,


- Husain Al Musallam
Director General, OCA



P.O. Box: 6706 Hawalli - Zip Code 32042, Kuwait - Tel.: +965 5734972 - Fax: +965 5734973
E-mail: info@ocasia.org - Website: www.ocasia.org

Dr Sakchye Tapsuwan
President
International Federation of Muaythai Associations

By email

Lausanne 20 July 2021

Dear President, Dear Sakchye,

Please accept my sincere congratulations on your IOC recognition. What a great achievement! It has been a great pleasure to support your efforts to develop the International Federation of Muaythai Associations and your sport in your capacity as a member of AIMS. Today's recognition is a great testament to your professionalism and enthusiasm.

On behalf of GAISF, please allow me to applaud you on making such an important step, one that I know will unlock many doors. And on behalf of ARISF, please allow me to offer you the very warmest welcome to our family.

Let us consider this to be the end of the beginning and the start of something even more special in Muaythai's history.

With my sincere best wishes,



Raffaele Chiulli
President, GAISF and ARISF



सत्यमेव जयते

श्रीपाद नाईक
SHRIPAD NAIK

राज्य मंत्री (स्वतंत्र प्रभार)
आयुर्वेद, योग व प्राकृतिक चिकित्सा, युनानी, सिद्ध,
सोमा-रिग्पा एवं होम्योपैथी-(आयुष) मंत्रालय एवं रक्षा राज्य मंत्री
भारत सरकार
MINISTER OF STATE (INDEPENDENT CHARGE) FOR
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA,
SOMA-RIGPA, HOMOEOPATHY-(AYUSH) &
MINISTER OF STATE FOR DEFENCE
GOVERNMENT OF INDIA

No. 25513/19
4th December 2019

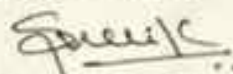
Dear Shri Kirenji,

Muaythai is a sport since last 20 years in India. It is being played by various states in India. There are many tournaments of this game held in these states. It has become a popular game and many students play and participate in various tournaments of this game.

I request you for recognizing the game in India as it will benefit the players to achieve their goal in sports. Muaythai has also been proposed to be included as an Olympic sport.

With best regards,

Yours sincerely,


(Shripad Naik)

Shri Kiren Rijiju
Minister of State (I/C)
Ministry of youth affairs and sports
Government of India
Shastri Bhawan
New Delhi

101, AYUSH Bhawan, 'B' Block, GPO Complex, INA, New Delhi-110023
Tel: 011-24651955, 011-24651935 Fax: 011-24651936 E-mail: minister-ayush@nic.in
Ministry of Defence: 114-A, South Block, New Delhi-110011, Tel: 011-23792128, Fax: 011-23016255
Res. (Delhi): 1, Lodhi Estate, New Delhi-110003 Tel: 011-24635396 Fax: 011-24658910
Res. (Goa): "Siddhanta" House No. 111, St. Pedro, Old Goa, Goa-403402 Tel: 0832-2444510, 0832-2444088

Minister of State (IC)
Sports & Youth Services,
Tourism and I&CT Departments
Mizoram



AIZAWL - 796 001
Mizoram
Ph : 0389-2322147 (O)
0389-2323517 (R)
0389-2317588 (F)
E-mail : rrrmos2018@gmail.com

DO.NO.MOS-PB/SYS/TOURISM/I&CT/2018/28

Dated 30th December, 2020

Dear Sir,

Muay Thai is a popular sport in India since last 20 years. It is being played in many states in India. In Mizoram Muay Thai is played for more than 15 years and is among one of the recognized sports discipline under the Mizoram State Sports Council (MSSC). And it is a great pleasure to mention that Muay Thai is the second top achiever of national medals among the recognized sports disciplines under MSSC in the year 2019. This sport is also a very effective self defense technique and it is applied and taught as self defense technique in many schools and in all the Districts of Mizoram. Athletes of our state participate in various National and International Championships and the athletes have bagged many medals for our state and the country. Even during this COVID-19 pandemic, one of our athletes even bagged a bronze medal at the IFMA Virtual World Muay Thai Championship 2020. Muay Thai is already recognized by the Olympic Council of Asia (OCA) and the International Olympic Committee (IOC) and is proposed to be a future summer Olympic discipline.

I would therefore, request you to kindly recognize this game under the Ministry of Sports, Govt. of India so that the athletes of this sports can be benefited and achieve their goals in National and International events.

With deep regards,

Shri Kiren Rijiju,
Minister of State(IC),
Ministry of Youth Affairs and Sports,
Govt. of India,
Shastri Bhavan,
New Delhi.

Yours sincerely

(ROBERT ROMAWIA ROYTE)

BANTEIDOR LYNGDOH
Minister
Agriculture, Horticulture, Textiles,
Sports & Youth Affairs,
Meghalaya, Shillong.



Phone Nos: 0364 2224588 (O)
PABX - 2640
8415903344 (M)
7085960297 (M)
E-mail ID: banteidorly@gmail.com

D.O. No. BL/MIN/2021.

Dated Shillong the 7th April, 2021.

Dear *Sir,*

I am writing to you regarding Muaythai which is one of the sports considered since the last 20 years in our country. It may be mentioned that many tournaments of this game are being held not only in our state but also in the country and it has become one of the popular games amongst our local youths who have also been participating in the International Muaythai Tournaments and won medals from such tournaments.

As Muaythai has been proposed to be included as a game in Olympic, I am therefore to request you kindly consider recognizing the game in India and this will benefit the players of our state and the country as a whole to achieve their goals.

With regards.

Yours *Sincerely*
[Signature]
(Banteidor Lyngdoh)

✓ *Shri Kiren Rijju,*
Hon'ble Union Minister of State,
(IC) Youth Affairs & Sports, Room No. 409, C-Wing,
Shastri Bhawanm Rajendra Prasad Road,
New Delhi- 110 011.

सी. ए. सुभाष चन्द्र बहेड़िया
सांसद (लोकसभा)
मो. न. 98290 46344
ईमेल-baheriasc@gmail.com



ऑफिस :
143, न्यू क्लॉथ मार्केट
पुर रोड, भोलघाड़ा
01482-247744, 246396

Shri Anurag ji Thakur
Hon'ble Minister of Youth Affairs & Sports
Govt. of India, Shastri Bhawan, New Delhi

Date – 20-8-2021

Dear Sir,

Muaythai is a sport since 20 years in India. It is being played by various states in India. There are many tournaments of this game held in the state. It has become a popular game and many students play and participate in various tournaments of this game.

I request you for look at the possibilities of recognizing the game in India as it will benefit the players to achieve their goal in sports. Muaythai has also been proposed be included as an Olympic sport.

With Best Regard's

Subhash Chandra

(CA Subhash Chandra Baheria)

विजय बघेल

संसद सदस्य (लोकसभा, दुर्ग)

छत्तीसगढ़

सदस्य :- जल संसाधन संबंधी स्थाई समिती

:- इस्पात संबंधी परामर्शदात्री समिती



सत्यमेव जयते

दूरभाष : 8770360478
9425561150
9981521150
011-23092430

जावक क्रमांक **VIP/DL/388/2022**
दिनांक : 06/04/2022

प्रति

श्री अनुराग ठाकुर

माननीय युवा कार्यक्रम एवं खेल मंत्री,

भारत सरकार,

शास्त्री भवन,

नई दिल्ली

विषय:- मुयायथाई खेल को मान्यता प्रदान करने बाबत।

मेरे पत्र के साथ डॉ श्री राम चौधरी, महासचिव, यूनाइटेड मुयायथाई एशोसिएशन-इंडिया (यूएमएआई), मुख्य कार्यालय:- एस-2, कृष्णा मंदिर कॉम्प्लेक्स, बीस दुकान, आदर्श नगर, जयपुर-302004, राजस्थान के पत्र का अवलोकन करने का कष्ट करे, जिसमे उन्होंने मुयायथाई खेल को मान्यता प्रदान करने के लिये निवेदन किया है। इससे संबंधित सभी प्रपत्र खेल मंत्रालय को जमा कर दिया गया है। आपको यह जानकर हर्ष होगा कि दिसंबर, 2021 में बैंकॉक में आयोजित वर्ल्ड चैम्पियनशिप में 2 सिल्वर मेडल और 5 कांस्य पदक जीतकर देश का नाम रोशन किया है।

मेरा आपसे विनम्र निवेदन है कि आप इस विषय पर अतिशीघ्र उचित निर्णय लेने की कृपा करे।

आदर सहित,

आपका


(विजय बघेल)

निवास : क्वा नं. 7/B, सड़क 36, सेक्टर 05 भिलाई, जिला-दुर्ग (छ.ग.), 490006
: 124, नार्थ एवेन्यू, नई दिल्ली - 110001

किरेन रीजीजू
KIREN RIJJU



D.O. No. 1228 MOS (MC)YA&S/LD

राज्य मंत्री (स्वतंत्र प्रभार)
युवा कार्यक्रम एवं खेल मंत्रालय
और
राज्य मंत्री अल्पसंख्यक कार्य मंत्रालय
भारत सरकार
MINISTER OF STATE (I/C)
YOUTH AFFAIRS & SPORTS
AND
MINISTER OF STATE MINORITY AFFAIRS
GOVERNMENT OF INDIA

06 JAN 2020

Respected Shri Ramcharan Bohra Ji,

I am in receipt of your letter dated 23rd December, 2019 enclosing a proposal of Rajasthan Muay Thai Association regarding recognition of Muaythai as a national game.

I am having the matter looked into.

With regards,

Yours sincerely,

(Kiren Rijju)

Shri Ramcharan Bohra,
Hon'ble Member of Parliament (Lok Sabha),
101-103, South Avenue,
New Delhi - 110 011.



MANOJ KANTI DEB
MINISTER

Government of Tripura

Department of Youth Affairs & Sports,
Food, Civil Supplies & Consumer Affairs,
New Secretariat Building,
Capital Complex, Agartala - 799010.
0381 - 2419653 (O) / Fax - 2413286 (O)
0381-2383758 (R)
minfcs.tr@gmail.com (E)

No.F.1(1)-Min/FCS & CA, YA & SI 1067

Dated: 23.12.2020

Dear, *Kiren Rijiju ji*

Muaythai is a sport since last 20 years in India. It is being played by various states in India. There are many tournaments of this game held in the state. It has become a popular game and many students play and participate in various tournaments of this game.

I request you for look at the possibilities of recognizing the game in India as it will benefit the players to achieve their goal in sports. Muaythai has also been proposed to be included as an Olympic sport.

With best regards.

Yours'

Manoj Kanti Deb.

(Manoj Kanti Deb)

To
Sri Kiren Rijiju
Hon'ble Minister of States (I/C)
Ministry of Youth Affairs & Sports, Govt. of India
Shastri Bhawan, New Delhi

किरेन रीजीजू
KIREN RIJJU



मंत्री
संसदीय कार्य तथा अल्पसंख्यक कार्य मंत्रालय
भारत सरकार
MINISTER
MINISTRY OF PARLIAMENTARY AFFAIRS
AND
MINISTRY OF MINORITY AFFAIRS
GOVERNMENT OF INDIA

Dated, the 12th July 2024

Dear P T Usha,

I would like to enclose a letter received from Dr. Shri Ram Choudhary, Secretary General, United Muaythai Association, India (UMAI) which speaks for itself.

It is informed that, UMAI has submitted a request letter to the Indian Olympic Association requesting to participate with 28 Players in Asian Olympic Indoor Martial Arts Games, which is scheduled to happen at Thailand in November 2024.

It is learnt that without the recommendation of Indian Olympic Association, the team cannot participate in the above tournament. Dr. Ram Choudhary has therefore approached the undersigned to seek help to get the recommendation from Indian Olympic Association.

Therefore, you are requested to consider this request in the interest of the Nation and players of Muaythai.

With regards,

Yours Sincerely,

(Kiren Rijju)

Smt. PT Usha, President,
Indian Olympic Association,
Olympic Bhawan
B-29, Qutab Institutional Area
New Delhi

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Mr.Thiraoath Mongkolnavin(Minister Deputy Chief of Mission, The Royal Thai Embassy, india)



Shri Vijay Goel Former Minister of State for Parliamentary Affairs and Statistic in the NDA government.



Sh. Radha Mohan Singh,
Member of Parliament - Lok Sabha



OSM - International Muay Thai
Training Camp Kerala, India





THE LEGONG RAMAYANA DANCE